

Bio-Strath AG

Aufbaupräparate und pflanzliche Heilmittel · Food supplements and herbal remedies

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Bio-Strath/Strath food supplements: dosage for children

Liquid

1 – 3 years	2x daily	¼ teaspoon
4 – 8 years	2x daily	½ teaspoon
8 – 12 years	2 - 3x daily	½ teaspoon
from 12 years	2x daily	1 teaspoon

For babies from 3 - 12 months of age, consult a healthcare practitioner.

Tablets

from 6 – 9 years	2x daily	1 tablet
9 – 12 years	2x daily	1 – 2 tablets
from 12 years	2x daily	2 tablets

Can be crushed with a spoon.

Drops

0 – 12 years	2 - 3x daily	2 drops per year of age (ex. children of 3 years = 6 drops 2 - 3x daily)
from 12 years	2 - 3x daily	30 drops

➔ Bio-Strath/Strath food supplements can be taken undiluted or mixed with fruit juice, cereals, yoghurt or others.

